

<i>Name of the course</i>	Physical Education II			Code	
<i>Type of study program Cycle</i>	Integrated university study, medicine			Year of study	II year
<i>Credits (ECTS) :</i>	0	<i>Semester</i>	III, IV	Number of hours per semester (l+e+s)	30 (2 year) (0+30+0)
<i>Status of the course:</i>	required	<i>Preconditions:</i>	none	<i>Comparative conditions:</i>	Completed first year
<i>Access to course:</i>	Second year students			<i>Hours of instructions:</i>	According to schedule
<i>Course teacher:</i>	Assistant professor Ivan Kvesić, PhD				
<i>Consultations:</i>	Thursdays from 12 to 13 or according to the deal, and as agreed with students				
<i>E-mail address and phone number:</i>	ivan.kvesic@fpmoz.sum.ba , 036 445 456				
<i>Associate teachers</i>					
<i>Consultations:</i>					
<i>E-mail address and phone number:</i>					
<i>The aims of the course:</i>	The aims of the course are: The aim of the course is to raise the awareness in students about the importance of exercise and healthy lifestyle and to achieve and maintain optimum physical activity.				
<i>Learning outcomes (general and specific competences):</i>	Developing the motorical skills. Achiving the optimum physical activity. Applying the healthy lifestyle habbits.				
<i>Course content (Syllabus):</i>	The course is conducted through 30 hours of excersises during which student are provided with different activities such as athletics, basketball, wolleyball, football. Adjusted program for students with special needs				
<i>Format of instruction (mark in bold)</i>	Lectures	Exercises	Seminars	Independent assignments	
	Consultations	Work with mentor	Field work	Other	
	Remarks: In accordance to Rules of studying				
<i>Student responsibilities</i>	Students are required to attend classes on schedule and to actively participate in exercises.				
<i>Screening student work (mark in bold)</i>	Class attendance	Class participations	Seminar essay	Practical training	
	Oral exam	Written exam	Continuous assessment	Essay	

Detailed evaluation within a <i>European system of points</i>			
STUDENTS RESPONSIBILITIES	HOURS	PROPORTIONS OF ECTS CREDITS	PROPORTIONS OF GRADE
Class attendance and participations	30	0	100%
Seminar essay	10	0	
Written exam	10	0	
Oral exam	0	0	
Total			
<p>Further clarification: Exam is written</p> <p>According to the regulations of the study, final grade is obtained: A = 91-100% 5 B = 79 to 90% 4 C = 67 to 78% 3 D = 55 to 66% 2 F = 0 to 54% 1</p>			
<i>Required literature:</i>	1. Mišigoj Duraković M., Physical Activity and Health. Zagreb, Faculty of Kinesiology; 1999 2. Kvesić M., Metodika tjelesne i zdravstvene kulture, Mostar, Sveučilište u Mostaru; 2000		
<i>Optional literature:</i>			
<i>Additional information about the course</i>	Methods of monitoring the quality of teaching: student survey Quality control analysis by the students and teachers Analysis of passing the exams The report of the Office for the quality of teaching		