

<i>Name of the course</i>	<b>Physical Education I</b>			<b>Code</b>	
<i>Type of study program Cycle</i>	Integrated study program, medicine			<b>Year of study</b>	I and II
<i>Credits (ECTS) :</i>	<b>0</b>	<i>Semester</i>	II	Number of hours per semester (1+e+s)	30 (1 year) 30 (2 year) <b>(0+60+0)</b>
<i>Status of the course:</i>	required	<i>Preconditions:</i>	none	<i>Comparative conditions:</i>	
<i>Access to course:</i>	First year students			<i>Hours of instructions:</i>	According to schedule
<i>Course teacher:</i>	Assistant professor Ivan Kvesić, PhD				
<i>Consultations:</i>	Mondays and Thursdays from 12 to 13 or according to the deal				
<i>E-mail address and phone number:</i>	036335600				
<b><i>The aims of the course:</i></b>	The aim of the course is to raise the awareness in students about the importance of exercise and healthy lifestyle and to achieve and maintain optimum physical activity.				
<b><i>Learning outcomes (general and specific competences):</i></b>	Developing the motorical skills. Achieving the optimum physical activity. Applying the healthy lifestyle habits.				
<b><i>Course content (Syllabus):</i></b>	The course is conducted through 30 hours of excersises during which student are provided with different activities such as athletics, basketball, wolleyball, football. Adjusted program for students with special needs.				
<b><i>Format of instruction (mark in bold)</i></b>	Lectures	<b>Exercises</b>	Seminars	Independent assignments	
	<b>Consultations</b>	Work with mentor	Field work	Other	
	Remarks: In accordance to Rules of studying				
<b><i>Student responsibilities</i></b>	Students are required to attend classes on schedule and to actively participate in exercises.				
<b><i>Screening student work (mark in bold)</i></b>	Class attendance	Class participations	Seminar essay	<b>Practical training</b>	
	Oral exam	<b>Written exam</b>	Continous assesment	Essay	
<b>Detailed evaluation within a <i>European system of points</i></b>					
<b>STUDENTS RESPONSIBILITIES</b>	<b>HOURS</b>		<b>PROPORTIONS OF ECTS CREDITS</b>	<b>PROPORTION S OF MARK</b>	

Class attendance and participations	<b>60</b>	<b>0</b>	
Seminar essay	<b>10</b>	<b>0</b>	
Written exam	<b>10</b>	<b>0</b>	<b>100%</b>
Oral exam	<b>0</b>	<b>0</b>	
<p>Further clarification:  Exam is written  According to the regulations of the study, final grade is obtained:  A = 91-100% 5  B = 79 to 90% 4  C = 67 to 78% 3  D = 55 to 66% 2  F = 0 to 54% 1</p>			
<b><i>Required literature:</i></b>	1. Mišigoj Duraković M. Physical Activity and Health. Zagreb, Faculty of Kinesiology; 1999		
<b><i>Optional literature:</i></b>			
<b><i>Additional information about the course</i></b>	Methods of monitoring the quality of teaching: student survey Quality control analysis by the students and teachers Analysis of passing the exams The report of the Office for the quality of teaching		